



August 2025

Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				<u>1</u> <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Diced Ham & Baked Beans Soy Butter Applesauce Whole Grain Crackers *Unflavored Whole/ Skim Milk <u>Snack</u> Applesauce Whole Grain Goldfish Crackers Water
<u>4</u> <u>Breakfast</u> Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk <u>Lunch</u> Soy Pockets **Cheese Sandwiches Hard Boiled Eggs Carrots **Mixed Vegetables Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> String Cheese Peaches Water	<u>5</u> <u>Breakfast</u> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Vegetable Stew w/Rice Cheese Slices Cantaloupe Whole Grain Crackers *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Crackers Peaches Water	<u>6</u> <u>Breakfast</u> Whole Grain Cheerios Peaches *Unflavored Whole/ Skim Milk <u>Lunch</u> Yogurt Celery** Corn Whole Grain Crackers Soy Butter / Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Oranges Water	<u>7</u> ALL LVCC CENTERS ARE CLOSED	<u>8</u> ALL LVCC CENTERS ARE CLOSED



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<u>11</u> <u>Breakfast</u> Whole Grain Chex Mixed Fruit *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Wraps Carrots/ ** Mixed Vegetables Whole Grain Tortilla Wraps Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Applesauce Water	<u>12</u> <u>Breakfast</u> Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Fajita Chicken w/ Pepper, Onion & Rice Cooked Carrots Whole Wheat Dinner Rolls Watermelon *Unflavored Whole/ Skim Milk <u>Snack</u> Apples Whole Grain Ritz Crackers Water	<u>13</u> <u>Breakfast</u> Diced Pears Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Pulled Pork Tossed Salad w/Dressing **Carrots Pears Seasoned Rice *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Crackers Peaches Water	<u>14</u> <u>Breakfast</u> Whole Grain Cheerios Peaches *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken Salad Salad Celery **Corn Oranges Whole Grain Crackers *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Soft Pretzel Sticks Applesauce Water	<u>15</u> <u>Breakfast</u> Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Chili w/Ground Beef - Kidney Beans & Rice Peas Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers w/Soy Butter Water
<u>18</u> <u>Breakfast</u> 100% Orange Juice 100% Whole Wheat Bread *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Turkey & Cheese Sandwiches Carrots/ **Red Beets Whole Wheat Bread Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Sliced Apples Whole Grain Blueberry Lemon Crisp Cracker Water	<u>19</u> <u>Breakfast</u> Bananas Whole Grain Rice Krispies *Unflavored Whole/ Skim Milk <u>Lunch</u> Egg Patty Potato Wedges Bananas Whole Wheat Pancake *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Peaches Water	<u>20</u> <u>Breakfast</u> Whole Grain English Muffins Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Macaroni & Cheese w/Ham Tossed Salad w/Dressing **Carrots Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Animal Crackers Applesauce Water	<u>21</u> <u>Breakfast</u> Whole Grain Life Cereal Oranges *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Celery/ **Green Beans Oranges Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cheese It Crackers Cheese Slices Water	<u>22</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Fajita Chicken w/Pasta Three Bean Salad Whole Wheat Dinner Rolls Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers w/Soy Butter Water



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<u>25</u> Breakfast Whole Grain Cheerios Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Yogurt Carrots / **Peas Whole Grain Crackers String Cheese Mixed Fruit *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Tostado Chips w/Salsa Water	<u>26</u> Breakfast Diced Pears Whole Grain Bagels *Unflavored Whole/ Skim Milk <u>Lunch</u> Egg Patty w/Cheese on a Whole Grain English Muffin Cooked Broccoli Watermelon *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Educational Crackers Cheese Slices Water	<u>27</u> Breakfast 100% Orange Juice 100% Whole Wheat Bread *Unflavored Whole/ Skim Milk <u>Lunch</u> Ground Beef w/Pasta Tossed Salad w/Dressing / **Carrots Whole Wheat Dinner Rolls Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Oranges Water	<u>28</u> Breakfast Bananas Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Make Your Own Ham & Cheese Wraps Red Beets Oranges Whole Grain Tortilla Wraps *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Crackers Apples Water	<u>29</u> Breakfast 100% Orange Juice Whole Grain Corn Flakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Hamburgers on a Bun French Fries Whole Wheat Hamburger Buns Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Graham Crackers Bananas Water