





Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>
3	4	<u>5</u>	<u>6</u>	7
Whole Grain Animal Crackers Unflavored Skim Milk	Whole Grain Goldfish Crackers Unflavored Skim Milk Water	Whole Grain Ritz Crackers Cheese Slices	Whole Grain Graham Crackers Orange Wedges Water	Whole Grain Tostado Chips w/Shredded Cheese Water
<u>10</u>	11	12	13	14
Whole Grain Ritz Crackers Oranges Water	Whole Grain Cornbread Muffins Unflavored Skim Milk	Whole Grain Lemon Crisp Unflavored Skim Milk	Cheese Slices Apples Water	Whole Wheat Hard Pretzels Unflavored Skim Milk

NOVEMBER 4—NO CLASSES FOR SPRING GARDEN ONLY



Movember 2025

Pre-X Counts AM Snack Menu



<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
Yogurt String Cheese	18 Whole Grain Ritz Crackers w/Soy Butter Water	Whole Grain Cheese It Crackers Unflavored Skim Milk	20 Bananas Whole Grain Graham Crackers	Whole Grain Goldfish Crackers Unflavored Skim Milk Water
Whole Grain Cinnamon Crisp Crackers Unflavored Skim Milk	Whole Grain Maple Graham Bites Unflavored Skim Milk	Whole Grain Ritz Crackers Oranges Water	ALL LVCC CENTERS ARE CLOSED	ALL LVCC CENTERS ARE CLOSED

NOVEMBER 17—NO CLASSES FOR PARK AVE ONLY

NOVEMBER 26—NO CLASSES FOR SOUTH MOUNTAIN—ELC—WALNUT—UNION—HAYS—ALLEN—FAIRMONT—CAMPUS—FOWLER ONLY

NOVEMBER 27 & 28—ALL LVCC CENTERS ARE CLOSED